

MINUTES OF COMMISSION MEETING
Wednesday, January 11, 2017
Elmhurst Public Library
ELMHURST SENIOR CITIZENS COMMISSION

COMMISSIONERS (PHYSICALLY) PRESENT: Monica Barichello, Georgia Dolan, Heide Forbush, Grayson Haller, Kris Hansen, Cathy Jordan, Peggy LoCicero, Kathy Lorenz, Ruth Maple, Pam Morrissey, Kristin Sanderson, Amy Srail, Maureen Wood

COMMISSIONERS NOT PRESENT: Jackie Haddad, Terri Mosley, Chris White, Carol Yesko

PRESENT: Helen Fitzpatrick (M.F.S.)

GUEST: Joel Morris, former Superintendent of Elmhurst School District 205

1. **Call to Order**—Chairman Cathy Jordan called the meeting to order at 1:04 p.m.
2. **Public Comments**—There were no public comments.
3. **MSC** Kris moved that the minutes of the November 9 and December 14, 2016 meetings be approved as presented.
4. **Announcements / Correspondence**—Cathy mentioned the Linden Oaks Benefit on April 21, 2016—Music and the Mind—at the Hilton Lisle/Naperville. She thanked Kathy Lorenz and Park Place for their hospitality and wonderful lunch.

Cathy introduced Joel Morris who spoke about the support group he facilitates at EEH which meets the fourth Thursday of each month from 1-2:30 p.m. for those with Parkinson's Disease, as well as family members, spouses and caregivers. The group also aims to educate the community and raise awareness about the disease.

Parkinson's is the second largest neuro-degenerative disease in the U.S. Thirty to forty-five attend the support group meetings. The format involves exercise, a program, breakout sessions for those with Parkinson's and another for caregivers. EEH just hired two physicians who specialize in Parkinson's Disease. Joel asked the Commission to identify people who could benefit from this group.

5. **DuPage Senior Citizens Council**—written report provided. Cathy reported—Elmhurst totals December 2016: Meals served—621; Seniors—56; Well Being Checks—480; Home maintenance/Chore Days—3. Elmhurst totals 1/1/16-12/31/16: Meals—7,703; Seniors—169; Home maintenance—60; Well-being checks—5,528. Cathy said that the State of Illinois has not passed a budget yet.

6. **Metropolitan Family Services**—written report provided. Helen reported that for December 2016 there

are 16 open case files; 1 walk-in; 14 information and referral phone calls; 10 Community Development/Outreach with a total of 41 persons. In December M.F.S. welcomed Program Supervisor Loren Buford who has become familiar with the Elmhurst office of senior services, including City Hall, the Senior Commission and the S.A.L.T. meeting at the E.P.D.

Cathy sent a letter to the city council in support of M.F.S.

7. Committee Reports:

- a. **Transportation**—Ruth planted the seed with EEH for a shuttle bus, but it will be a while.
- b. **Collaboration**—Kristin said the date is set for May 4 at the Elmhurst Public Library with save-the-date notices going out soon.
- c. **Education**—Kathy reported that there is a Community Conversation scheduled for Saturday, April 8, 10:00 a.m. at Elmhurst City Hall. The program will emphasize “Maintaining a Positive Outlook as We Age.” The speaker will be from N.A.M.I.
- c. **Housing**—Kris said there will be a meeting next month of the committee at 12:30 p.m. on 2/8 to discuss a fall event.

8. Other Business—

- a. Cathy reported that there is \$3,000 in the budget--\$500 for each committee.
- b. A decision will be made at the February meeting about having a March meeting.
- c. Cathy found information about senior discounts that she had researched and wondered if the idea / program should be resurrected.
- d. Kris recommended that a meeting be arranged with the new CEO of EEH this summer.

9. Adjournment—There being no further business the meeting adjourned at 1:44 p.m.

THE NEXT MEETING WILL BE 1:00 P.M., WEDNESDAY, FEBRUARY 8, 2017

AT

THE ELMHURST PUBLIC LIBRARY

Heide Forbush, Secretary