

**MINUTES OF COMMISSION MEETING**  
**Wednesday, November 11, 2015**  
**Elmhurst Public Library**  
**ELMHURST SENIOR CITIZENS COMMISSION**

COMMISSIONERS (PHYSICALLY) PRESENT: Monica Barichello, Georgia Dolan, Heide Forbush, Jackie Haddad, Grayson Haller, Kris Hansen, Cathy Jordan, Peggy LoCicero, Ruth Maple, Terri Mosley, Kristin Sanderson, Chris White, Maureen Wood, Carol Yesko

COMMISSIONERS NOT PRESENT: Kathy Lorenz, Pam Morrissey, Amy Srail

PRESENT: Helen Fitzpatrick (M.F.S.), Ralph King (D.S.C.C.)

1. The meeting was called to order by Cathy Jordan at 1:04 p.m.
2. Bird Cage Presentation—a program on elder abuse— by *Triad*, a partnership of law enforcement, senior citizens and community groups from Naperville and Lisle Townships.

5,961,568 seniors were abused in 2010  
9.5% of elders are abused  
Median age is 77.9  
Female victims 67.3%

**Signs of abuse:**

1. Physical abuse
2. Emotional abuse
3. Confinement
4. Passive neglect
5. Willful deprivation
6. Sexual abuse
7. Financial exploitation

The most often form of abuse is financial. For every case that comes to light, 23 remain hidden.

3. **MSC** Kris moved that the minutes of the October 14, 2015 minutes be approved as presented.
4. **Public Comments**--There were no public comments.
5. Cathy mentioned that we will vote today on M.F.S. and D.S.C.C. to give our approval to the city council for their support of these agencies in next year's budget. On October 19 the city council did approve the slate of senior commissioners brought before them. A letter was presented to the council about Ride DuPage. (Downers Grove is waiting to see what Elmhurst does about Ride DuPage.)

Cathy, Ruth, Jackie and Kris met with Jim Rogers from the Park District about the new sports complex to discuss the needs of seniors in our community. We have to develop a “need” for a survey to get feedback. If we have potential questions we are to give them to Cathy. Kris discussed how socialization is an important issue.

5. Continued—An article from West Suburban Living magazine was distributed. Cathy was interviewed and the article focused on Naperville's creation of a senior commission using Elmhurst as a model.

There will be no January meeting—December, then February.

6. **DuPage Senior Citizens Council**—written report provided. Ralph reported that from 10/1-10/31 there were 855 meals served, 77 seniors serviced, 631 Well Being Checks, and 11 Home maintenance calls completed.

7. **Metropolitan Family Services**—Helen reported that there were 46 Elmhurst residents with open case files—in-home or office assessments, individual, family and/or group counseling, treatment plan development, case management, family caregiver consultation, advocacy, consultation with other providers, psychiatric evaluations, medication management, linkage to other needed services; 35 walk-ins; 207 information and referral phone calls; and 418 community education/development/outreach services performed. 706 persons were serviced in November. A caregiver series was initiated at Elmhurst Library that went from September through October. Traffic continues to increase at the city hall office. A staff member was trained in Mental Health First Aid with future plans to train city employees.

Representatives from M.F.S. and D.S.C.C. were excused and the commission discussed the organizations' value to the community.

**MSC** Jackie moved that the Elmhurst Senior Commission recommends that the City of Elmhurst continue to support DuPage Senior Citizens Council (D.S.C.C.) for their value to the community. (Cathy abstained as a D.S.C.C. employee.)

**MSC** Ruth moved that the Elmhurst Senior Commission recommends that the City of Elmhurst continue to support Metropolitan Family Services (M.F.S.) for their value to the community.

## 8. **Committee Reports:**

**a. Transportation**—Ruth and Cathy attended the city council meeting that discussed Ride DuPage.

**b. Collaboration**—Kristin reported that gerontologist Colleen Ceh-Becvar will speak at the collaboration event on Thursday, May 5, 2016.

**c. Education Committee**—Jackie reported that there were 50 at the November Community Conversation which featured a speaker from S.H.I.P. (Senior Health Insurance Program). Treats were provided by Park Place. The April Community Conversation will be on the 9<sup>th</sup> and the program will be presented by the Elmhurst Police Department.

The Pocket Pal is ready and copies were distributed. Jackie thanked everyone who helped with it and also thanked those who helped with the Community Conversation.

The committee will meet and discuss whether there should continue to be a Conversation scheduled in November or whether specific weekends should be avoided to due craft shows, for example.

**d. Housing**—Kris said that the committee is pursuing *aging in place* as a program. They are looking for Elmhurst based vendors.

9. **Other Business**—none

10. **Adjournment**—There being no further business the meeting adjourned at 2:35 p.m.

- THE NEXT MEETING WILL BE **12:30 P.M.**, WEDNESDAY, DECEMBER 9, 2015  
AT **LEXINGTON SQUARE OF ELMHURST.**

**HOLIDAY LUNCH PROVIDED**

Heide Forbush, Secretary